

## FOR IMMEDIATE RELEASE

## Mainstay Welcomes New CEO, Laura K. Hughes



Blue Bell PA, 09/18/2023 – Mainstay Engineering Group, a leading structural and civil engineering services company, is excited to announce the appointment of Ms. Laura Hughes as its new Chief Executive Officer (CEO). With a remarkable career spanning over 25 years in leadership, management, and strategic business development within the multi-discipline professional services industry, Ms. Hughes brings a wealth of expertise and a proven track record of success to her new role.

Ms. Hughes joins Mainstay with a distinguished career, having held pivotal roles at Exyte, Jacobs, Arcadis, and Burns Engineering, each contributing to her extensive knowledge and understanding of the

engineering and construction industries. As a seasoned leader, she has been responsible for global and regional growth strategies across Life Sciences, Aviation, Health Care, and Rail and Transit.

Ms. Hughes has consistently demonstrated her ability to cultivate and lead highly efficient, collaborative, and technically adept teams. She created and delivered relationship-based business development training, empowering individuals to excel collectively while fostering a culture of innovation and embracing the challenges of a dynamic and high-growth business landscape.

Known for her client-centric approach, Ms. Hughes has earned a reputation for deeply understanding clients' goals and needs. This innate ability allows her to craft tailored strategies and innovative solutions that effectively address even the most intricate challenges clients face. Her strategic insights and unwavering commitment to delivering value align seamlessly with Mainstay's dedication to providing exceptional services and exceeding client expectations.

"I am truly honored to join the Mainstay family as its CEO," remarked Ms. Hughes. "The foundation of any successful venture lies in the strength of its teams and its ability to adapt to evolving market dynamics. I am excited to collaborate with the exceptional talent at Mainstay to drive innovation, growth, and value for our clients."

The Mainstay team is enthusiastic about Ms. Hughes's appointment and looks forward to her guidance as the company enters a new phase of expansion and development. Her strategic vision and leadership acumen will undoubtedly accelerate Mainstay's trajectory in the structural and civil engineering design landscape.

For more information, please contact:

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About Mainstay:

Mainstay is a nationally-recognized engineering firm with a commitment to excellence. Mainstay is positioned for robust growth by leveraging its experience in the Life Sciences and High-Tech industries.